

Gulf South Conference T&F Championships 2026 - 4/29/2026 to 5/1/2026

University of Montevallo Track Stadium

Results

Women 100 Meter Dash

GSC Rec: 11.27 M 5/4/2024 Yakubu Balikis

Name	Yr	School	Prelims
Preliminaries			
1	Williams, J'Da	FR West Alabama	11.90Q0.6
2	Burrell, Adria	FR West Alabama	12.07Q0.1
3	Green, Alana	SR Mississippi	12.10Q0.8
4	Lannom, Liz	SO Lee (Tenn.)	12.06Q0.6
5	Sutherland, Summer	SO Alabama-Hunt	12.25Q0.8
6	Dorris, Elyse	FR Mississippi	12.30Q0.1
7	Randle, Jocelyn	FR West Alabama	12.17q 0.6
8	Debardlabon, Jadlyn	JR Alabama-Hunt	12.30q 0.8
9	Jackson, Ka'Mya	FR Montevallo	12.33q 0.8
10	Thomas, Deserae	SO Montevallo	12.44 0.1
11	Corrothers, Khila	JR Montevallo	12.46 0.1
12	Bennett, Samantha	SO Montevallo	12.47 0.6
13	Hudson, D'Kota	FR West Alabama	12.56 0.8
14	Faucette, Jydia	SR Lee (Tenn.)	12.62 0.8
15	Taylor, Emily	FR Mississippi	12.73 0.1
16	Betton, Destiny	SR Montevallo	12.84 0.6
17	Woolridge, Madison	SR Christian Br	13.20 0.1
18	Halliburton, Micaiah	SR Christian Br	13.64 0.8
19	Brouwer, Denise	FR Christian Br	14.10 0.6
---	Randall, Brenna	FR Trevecca Naz	DNS 0.6

Women 100 Meter Dash

GSC Rec: 11.27 M 5/4/2024 Yakubu Balikis

Name	Yr	School	Finals
Finals			
1	Williams, J'Da	FR West Alabama	11.49 0.5
2	Burrell, Adria	FR West Alabama	11.88 0.5
3	Lannom, Liz	SO Lee (Tenn.)	11.92 0.5
4	Green, Alana	SR Mississippi	11.95 0.5
5	Randle, Jocelyn	FR West Alabama	12.00 0.5
6	Dorris, Elyse	FR Mississippi	12.23 0.5
7	Debardlabon, Jadlyn	JR Alabama-Hunt	12.27 0.5
8	Sutherland, Summer	SO Alabama-Hunt	12.67 0.5
9	Jackson, Ka'Mya	FR Montevallo	12.82 0.5

Women 200 Meter Dash

GSC Rec: 23.16 M 5/4/2024 Yakubu Balikis

Name	Yr	School	Prelims
Preliminaries			
1	Murry, Amiah	SO Alabama-Hunt	23.42Q0.8
2	Hines, Deja	SO Alabama-Hunt	24.30Q0.7
3	Mayfield, Maddox	SO Lee (Tenn.)	24.35Q1.2
4	Williams, J'Da	FR West Alabama	24.34Q0.7
5	Randle, Jocelyn	FR West Alabama	24.47Q0.8
6	Lannom, Liz	SO Lee (Tenn.)	24.63Q1.2
7	Burrell, Adria	FR West Alabama	24.52q 0.7
8	Johnson, Aniya	JR Alabama-Hunt	24.78q 1.2
9	Green, Alana	SR Mississippi	25.04q 1.2
10	Hudson, D'Kota	FR West Alabama	25.33 0.7
11	Dorris, Elyse	FR Mississippi	25.34 0.7
12	Jackson, Ka'Mya	FR Montevallo	25.59 0.8

13	Thomas, Deserae	SO Montevallo	25.78 0.7
14	Faucette, Jydia	SR Lee (Tenn.)	25.79 0.8
15	Bennett, Samantha	SO Montevallo	25.82 0.8
16	Farrior, Trinity	FR Montevallo	26.38 1.2
17	Betton, Destiny	SR Montevallo	26.71 1.2
18	Woolridge, Madison	SR Christian Br	27.73 0.8
19	Randall, Brenna	FR Trevecca Naz	30.08 0.8

Women 200 Meter Dash

GSC Rec: 23.16 M 5/4/2024 Yakubu Balikis

Name	Yr	School	Finals
Finals			
1	Murry, Amiah	SO Alabama-Hunt	23.68 0.5
2	Hines, Deja	SO Alabama-Hunt	23.97 0.5
3	Williams, J'Da	FR West Alabama	24.10 0.5
4	Mayfield, Maddox	SO Lee (Tenn.)	24.70 0.5
5	Green, Alana	SR Mississippi	24.77 0.5
6	Lannom, Liz	SO Lee (Tenn.)	24.80 0.5
7	Johnson, Aniya	JR Alabama-Hunt	24.87 0.5
8	Randle, Jocelyn	FR West Alabama	25.19 0.5
9	Burrell, Adria	FR West Alabama	25.31 0.5

Women 400 Meter Dash

GSC Rec: 54.16 M 5/6/2023 Carissa Hall

Name	Yr	School	Finals
Finals			
1	Murry, Amiah	SO Alabama-Hunt	53.70M
2	Mayfield, Maddox	SO Lee (Tenn.)	54.49
3	Johnson, Aniya	JR Alabama-Hunt	54.67
4	Hines, Deja	SO Alabama-Hunt	55.03
5	Udechukwu, Hilary	SR Mississippi	56.01
6	Jackson, Ka'Mya	FR Montevallo	57.41
7	Lucien, Kilaya	JR West Alabama	57.80
8	Sutherland, Summer	SO Alabama-Hunt	57.90
9	Tucker, Anna	JR Mississippi	58.43
10	Reed, Jane-Matthew	FR Mississippi	59.14
11	Jackson, Hannah	JR Mississippi	59.62
12	Bidinger, Brookelyn	SO Mississippi	1:01.05
13	Bleisath, Addison	FR Lee (Tenn.)	1:02.43

Women 800 Meter Run

GSC Rec: 2:09.71 M 5/4/2024 Letlhogonolo Magoro

Name	Yr	School	Finals
Finals			
1	Wallace, Lauren	SR Mississippi	2:11.91
2	Hopkins, Anna Katherine	SO Alabama-Hunt	2:13.15
3	Beam, Katie	JR Lee (Tenn.)	2:13.78
4	Moore, Abi	SO Lee (Tenn.)	2:14.31
5	Hampel, Grace	JR Alabama-Hunt	2:15.23
6	Bell, Bre	SR Mississippi	2:16.29
7	Barnes, Lindsey	FR Alabama-Hunt	2:17.22
8	Wallace, Catherine	FR Mississippi	2:18.17
9	Mayatte, Audrey	FR Mississippi	2:19.14
10	Hertz, Sarah	FR Alabama-Hunt	2:20.17
11	Jensen, Lilly	FR Mississippi	2:20.81
12	George, Sable	FR Montevallo	2:20.83

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Finals ... (Women 800 Meter Run)

Name	Yr	School	Finals
13 De Llano, Laura	JR	Christian Br	2:21.66
14 Hawkins, Aria	SR	Lee (Tenn.)	2:23.90
15 Turner, Sarah	SR	Montevallo	2:24.24
16 Acosta, Ximena	SO	Trevecca Naz	2:24.96
17 Booker, Danielle	SR	Christian Br	2:27.50
18 Zannetou, Annageliki	JR	Christian Br	2:30.34
19 Martin, Kayliana	FR	Trevecca Naz	2:31.76
20 Steel, Phoebe	FR	Christian Br	2:36.57
21 Valentine, Paiytin	FR	Trevecca Naz	2:51.11
--- Owen, Kaylen	FR	Lee (Tenn.)	DNS
--- Mitchell, Maria	SR	Lee (Tenn.)	DNS

Women 1500 Meter Run

GSC Rec: 4:22.43 M 5/6/2023 Celine Ritter

Name	Yr	School	Finals
1 Hawkins, Aria	SR	Lee (Tenn.)	4:25.31
2 Wallace, Lauren	SR	Mississippi	4:26.33
3 Mitchell, Maria	SR	Lee (Tenn.)	4:27.25
4 Benoit, Taylor	SR	Mississippi	4:32.72
5 Bell, Bre	SR	Mississippi	4:33.53
6 Beam, Katie	JR	Lee (Tenn.)	4:34.53
7 Sparks, Ava	FR	Lee (Tenn.)	4:36.63
8 Gibbs, Tamsyn	SO	Alabama-Hunt	4:36.84
9 Mayatte, Audrey	FR	Mississippi	4:37.92
10 Wallace, Catherine	FR	Mississippi	4:38.62
11 Turner, Sarah	SR	Montevallo	4:46.13
12 Guthrie, Lucy	FR	Lee (Tenn.)	4:47.35
13 Horne, Lucy	SO	Alabama-Hunt	4:51.00
14 Biger, Hadar	FR	Trevecca Naz	4:56.05
15 Ilias, Hope	SR	Trevecca Naz	4:59.65
16 Byrd, Kaley	FR	Christian Br	4:59.99
17 Moore, Kaitlynn	FR	Montevallo	5:00.40
18 Arnold, Sarah	SO	Trevecca Naz	5:08.69
19 Steel, Phoebe	FR	Christian Br	5:09.72
20 Holloway, Hailey	FR	Trevecca Naz	5:10.80
21 Alsvig, Ashley	JR	Trevecca Naz	5:15.27
--- Zannetou, Annageliki	JR	Christian Br	DNF

Women 5000 Meter Run

GSC Rec: 17:04.70 M 5/5/2023 Megan Adams

Name	Yr	School	Finals
1 Hawkins, Aria	SR	Lee (Tenn.)	17:10.84
2 Mitchell, Maria	SR	Lee (Tenn.)	17:11.20
3 Wallace, Lauren	SR	Mississippi	17:11.38
4 Benoit, Taylor	SR	Mississippi	17:14.27
5 Sparks, Ava	FR	Lee (Tenn.)	17:16.55
6 Biger, Hadar	FR	Trevecca Naz	17:38.83
7 Cureau, Capucine	FR	Lee (Tenn.)	17:43.17
8 Harris, Kinley	SO	Mississippi	17:55.19
9 Hinote, Lexi	SO	Alabama-Hunt	18:06.29
10 Truemper, Catherine	JR	Alabama-Hunt	18:19.84
11 Betts, Autumn	SO	Alabama-Hunt	18:23.19

12 Wielfaert, Sadie	FR	Lee (Tenn.)	18:24.11
13 Jeffery, Gabrielle	FR	Mississippi	18:25.73
14 Finch, Kathryn	SO	Mississippi	18:51.01
15 Walker, Rita	JR	West Alabama	19:03.73
16 Harvey, Madison	FR	Alabama-Hunt	19:06.35
17 Remley, Morgan	SR	Montevallo	20:05.33
18 Blackmon, Olivia	SR	Montevallo	20:26.53

Women 10000 Meter Run

GSC Rec: 34:55.05 M 5/4/2023 Celine Ritter

Name	Yr	School	Finals
1 Hawkins, Aria	SR	Lee (Tenn.)	39:05.99
2 Cureau, Capucine	FR	Lee (Tenn.)	39:10.72
3 Harris, Kinley	SO	Mississippi	39:26.41
4 Lomuria, Mercy	SO	West Alabama	39:47.42
5 Chapman, Lyndi	SO	Lee (Tenn.)	39:50.14
6 Finch, Kathryn	SO	Mississippi	40:04.53
7 Wielfaert, Sadie	FR	Lee (Tenn.)	40:14.06
8 Holley, Andi Kate	FR	Mississippi	40:22.70
9 Hinote, Lexi	SO	Alabama-Hunt	40:28.80
10 Vega, Aylin	SR	Alabama-Hunt	40:38.99
11 Edwards, Juliette	FR	Alabama-Hunt	41:09.77
12 Espinoza, Dana	FR	Lee (Tenn.)	41:23.05
13 Arnold, Sarah	SO	Trevecca Naz	42:13.46
14 Maniscalco, Emerson	FR	Alabama-Hunt	42:47.41

Women 100 Meter Hurdles

GSC Rec: 13.91 M 5/4/2019 Chelsea Walker

Name	Yr	School	Prelims
1 Lannom, Liz	SO	Lee (Tenn.)	14.09Q-0.5
2 Flugence, Madison	JR	Mississippi	14.54Q-0.3
3 Mason, Haylei	FR	Mississippi	14.66Q-0.3
4 Magnusdottir, Hekla	FR	Alabama-Hunt	15.08Q-0.5
5 Brown, Lily	JR	Lee (Tenn.)	15.12Q-0.5
6 Hennix, Marisa	JR	Lee (Tenn.)	15.30Q-0.3
7 Wedemeyer, Amelia	FR	Lee (Tenn.)	15.58q -0.5
--- Collins, Hope	SO	Alabama-Hunt	DNF -0.3
--- Sanders, Caroline	FR	Alabama-Hunt	DNF -0.3
--- Harrell, Hallie	SO	Montevallo	DNS -0.5
--- Nguema, Cella	JR	Lee (Tenn.)	DNS -0.3

Women 100 Meter Hurdles

GSC Rec: 13.91 M 5/4/2019 Chelsea Walker

Name	Yr	School	Finals
1 Lannom, Liz	SO	Lee (Tenn.)	13.77M-0.9
2 Flugence, Madison	JR	Mississippi	14.39 -0.9
3 Mason, Haylei	FR	Mississippi	14.57 -0.9
4 Magnusdottir, Hekla	FR	Alabama-Hunt	14.98 -0.9
5 Hennix, Marisa	JR	Lee (Tenn.)	15.32 -0.9
6 Wedemeyer, Amelia	FR	Lee (Tenn.)	15.58 -0.9
7 Brown, Lily	JR	Lee (Tenn.)	15.83 -0.9

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Women 400 Meter Hurdles Hurdles

GSC Rec: 59.72 M 5/4/2019 Chelsea Walker

Name	Yr	School	Finals
Finals			
1 Mason, Haylei	FR	Mississippi	1:02.88
2 Barrett, Annika	FR	Lee (Tenn.)	1:03.52
3 Flugence, Madison	JR	Mississippi	1:04.40
4 Brown, Lily	JR	Lee (Tenn.)	1:04.49
5 McCallister, Kiona	SR	West Alabama	1:07.38
6 Rhind, Saskia	FR	Montevallo	1:07.70
7 Wedemeyer, Amelia	FR	Lee (Tenn.)	1:08.33
8 Dellezay, Lauren	SR	Montevallo	1:14.56

Women 3000 Meter Steeplechase

GSC Rec: 10:23.05 M 5/2/2024 Mckenna Cavanaugh

Name	Yr	School	Finals
Finals			
1 Mitchell, Maria	SR	Lee (Tenn.)	10:06.76M
2 Bell, Bre	SR	Mississippi	10:35.01
3 Sparks, Ava	FR	Lee (Tenn.)	10:44.43
4 Gibbs, Tamsyn	SO	Alabama-Hunt	10:56.00
5 Truemper, Catherine	JR	Alabama-Hunt	11:20.46
6 Sellers, Shana	SR	Mississippi	11:22.50
7 Byrd, Kaley	FR	Christian Br	11:32.03
8 Simmons, Sawyer	FR	Lee (Tenn.)	11:37.37
9 Betts, Autumn	SO	Alabama-Hunt	11:40.28
10 Bailey, Isabella	FR	Mississippi	11:45.66
11 McCrea, Emma	FR	Alabama-Hunt	11:45.90
12 Jensen, Lilly	FR	Mississippi	12:08.67
13 Cain, Elizabeth	JR	Alabama-Hunt	12:23.99
14 Alsvig, Ashley	JR	Trevecca Naz	12:34.82

Women 4x100 Meter Relay

GSC Rec: 45.35 M 5/6/2023 Alabama-Huntsville

K Oatman, Z Holifield, C Robinson, I Drake

Team	Relay	Finals
Finals		
1 West Alabama	A	45.81
2 Alabama-Huntsville	A	45.86
3 Lee (Tenn.)	A	46.74
4 Mississippi College	A	47.48
5 Montevallo	A	47.49
6 Christian Bros.	A	51.44
7 Trevecca Nazarene	A	56.26

Women 4x400 Meter Relay

GSC Rec: 3:48.43 M 5/6/2023 Lee (Tenn.)

E Hine, K Blevins, K Martz, C Hall

Team	Relay	Finals
Finals		
1 Alabama-Huntsville	A	3:46.54M
2 Mississippi College	A	3:50.79
3 West Alabama	A	3:58.64
4 Lee (Tenn.)	A	4:05.30
5 Montevallo	A	4:12.49

6 Christian Bros.	A	4:12.99
7 Trevecca Nazarene	A	4:24.09

Women High Jump

GSC Rec: 1.73m M 5/3/2025 Liezl Theron

Name	Yr	School	Finals
Finals			
1 Johnson, Aniya	JR	Alabama-Hunt	1.66m
2 Dial, Mallory	FR	Mississippi	1.63m
3 Scopel, Gioia	SR	Christian Br	1.60m
4 Hurt, Claire	FR	Alabama-Hunt	1.55m
5 Rhind, Saskia	FR	Montevallo	1.55m
6 Lannom, Liz	SO	Lee (Tenn.)	1.50m
7 Stephens, Kaitlyn	FR	Montevallo	1.50m
8 Jones, Brooke	FR	Lee (Tenn.)	1.50m
9 Een, Mari Sofie	FR	Montevallo	1.45m
9 Goodman, Alexis	JR	Christian Br	1.45m
11 Keef, Bailey	FR	West Alabama	1.45m
12 Sanders, Caroline	FR	Alabama-Hunt	1.45m
12 Rock, Ashlyn	SO	Alabama-Hunt	1.45m
14 Chauncy, Margaret	FR	Trevecca Naz	1.45m
14 McCartney, Morgan	JR	Montevallo	1.45m
--- Harrell, Hallie	SO	Montevallo	DNS

Women Pole Vault

GSC Rec: 3.81m M 5/4/2024 Brynn Depinet

Name	Yr	School	Finals
Finals			
1 Depinet, Brynn	SR	Lee (Tenn.)	3.70m
2 Kohlmeier, Addison	FR	Lee (Tenn.)	3.65m
3 Magyar, Isabella	FR	Mississippi	3.25m
4 Stout, Gabby	FR	Alabama-Hunt	3.10m
4 Misavage, Ayla	SO	Lee (Tenn.)	3.10m
6 Chauncy, Margaret	FR	Trevecca Naz	2.95m
7 Een, Mari Sofie	FR	Montevallo	2.80m
8 Dellezay, Lauren	SR	Montevallo	2.80m
9 Rohling, Kyla	SO	Alabama-Hunt	2.65m
--- Whitman, Alicia	FR	Montevallo	NH
--- Dendy, Leah	SR	Montevallo	NH

Women Long Jump

GSC Rec: 6.18m M 5/4/2022 Carrissa Hall

Name	Yr	School	Finals
Finals			
1 Debardlabon, Jadlyn	JR	Alabama-Hunt	5.86m +0.0
2 Flugence, Madison	JR	Mississippi	5.59m 0.1
3 Faucette, Jydia	SR	Lee (Tenn.)	5.51m +0.0
4 Hennix, Marisa	JR	Lee (Tenn.)	5.43m +0.0
5 Coleman, Alana	SO	Alabama-Hunt	5.41m +0.0
6 Harrell, Hallie	SO	Montevallo	5.37m +0.0
7 Amador, Makayla	FR	Montevallo	5.33m +0.0
8 Anderson, Aubrey	FR	Lee (Tenn.)	5.26m +0.0
9 Stephens, Kaitlyn	FR	Montevallo	5.15m 1.9
10 Rice, Tamarah	FR	Alabama-Hunt	5.14m +0.0
10 Magnusdottir, Hekla	FR	Alabama-Hunt	5.14m +0.0
12 Jackson, Hannah	JR	Mississippi	5.11m 0.1

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Name	Yr	School	Finals
13 Corrothers, Khila	JR	Montevallo	5.06m +0.0
14 Sanders, Caroline	FR	Alabama-Hunt	4.99m +0.0
15 Nasieku, Natania	FR	Montevallo	4.99m +0.0
16 Taylor, Emily	FR	Mississippi	4.91m +0.0
17 Wedemeyer, Amelia	FR	Lee (Tenn.)	4.85m +0.0
18 Ruiz, Jackelin	JR	Christian Br	4.71m +0.0
19 Brouwer, Denise	FR	Christian Br	4.64m +0.0
20 Keef, Bailey	FR	West Alabama	4.64m -0.7

Women Triple Jump

GSC Rec: 12.42m M 4/21/2017 Cristina Aldana

Name	Yr	School	Finals
Finals			
1 Nasieku, Natania	FR	Montevallo	11.87m 1.6
2 Faucette, Jydia	SR	Lee (Tenn.)	11.80m 1.9
3 Anderson, Aubrey	FR	Lee (Tenn.)	11.72m 1.6
4 Rice, Tamarah	FR	Alabama-Hunt	11.65m 2.6
5 Hurt, Claire	FR	Alabama-Hunt	11.55m 1.6
6 Hennix, Marisa	JR	Lee (Tenn.)	11.40m 2.8
7 Stephens, Kaitlyn	FR	Montevallo	11.28m 2.8
8 Amador, Makayla	FR	Montevallo	11.10m 1.9
9 Thomas, Deserae	SO	Montevallo	10.89m 1.8
10 Jones, Brooke	FR	Lee (Tenn.)	10.88m 1.2
11 Coleman, Alana	SO	Alabama-Hunt	10.83m 1.7
12 Hawkins, Farrah	JR	Montevallo	10.78m 1.7
13 Rohling, Kyla	SO	Alabama-Hunt	10.74m 0.4
14 Sanders, Caroline	FR	Alabama-Hunt	10.60m 0.4

Women Shot Put

GSC Rec: 14.49m M 5/6/2023 Shakira Ardister

Name	Yr	School	Finals
Finals			
1 Waite, Gracie	SO	Lee (Tenn.)	13.23m
2 Brown, A'Cynthia	SO	Alabama-Hunt	12.80m
3 Magnusdottir, Hekla	FR	Alabama-Hunt	12.11m
4 Tang, Sarah	JR	Alabama-Hunt	11.86m
5 Martin, Cesleigh	FR	Montevallo	11.69m
6 Zweerink, Rebekah	JR	Mississippi	11.58m
7 Brinks, Samara	SR	Lee (Tenn.)	11.51m
8 Thrift, Morgan	SO	Mississippi	11.47m
9 Thompson, Kennedy	JR	Mississippi	11.12m
10 Wilkerson, Katie	SO	Montevallo	10.66m
11 Rhind, Saskia	FR	Montevallo	10.60m
12 Thomas, Keva	JR	Mississippi	10.33m
13 DeLaughter, Briana	JR	Trevecca Naz	6.92m
--- Harrell, Hallie	SO	Montevallo	DNS

Women Discus Throw

GSC Rec: 46.08m M 5/3/2025 Katie Wilkerson

Name	Yr	School	Finals
Finals			
1 Waite, Gracie	SO	Lee (Tenn.)	42.12m
2 Zweerink, Rebekah	JR	Mississippi	41.98m
3 Wilkerson, Katie	SO	Montevallo	41.71m

4 Thompson, Kennedy	JR	Mississippi	40.03m
5 Thomas, Keva	JR	Mississippi	37.09m
6 Rhind, Saskia	FR	Montevallo	36.05m
7 Thrift, Morgan	SO	Mississippi	35.94m
8 Smith, Hailey	SR	Alabama-Hunt	35.19m
9 Martin, Cesleigh	FR	Montevallo	35.00m
10 Rinke, Kylie	SR	Alabama-Hunt	33.99m
11 Hayhurst, Elizabeth	SR	Montevallo	32.05m
12 Kline, Avery	FR	Montevallo	30.56m
13 DeLaughter, Briana	JR	Trevecca Naz	25.85m
14 Rader, Brooklyn	FR	Trevecca Naz	23.74m
--- Tang, Sarah	JR	Alabama-Hunt	FOUL

Women Hammer Throw

GSC Rec: 55.09m M 5/2/2024 Melita-Marie Roachford

Name	Yr	School	Finals
Finals			
1 Smith, Hailey	SR	Alabama-Hunt	51.53m
2 Thompson, Kennedy	JR	Mississippi	49.40m
3 Tang, Sarah	JR	Alabama-Hunt	47.95m
4 Brown, A'Cynthia	SO	Alabama-Hunt	47.91m
5 Brinks, Samara	SR	Lee (Tenn.)	47.57m
6 Rinke, Kylie	SR	Alabama-Hunt	43.87m
7 Zweerink, Rebekah	JR	Mississippi	42.78m
8 Waite, Gracie	SO	Lee (Tenn.)	42.48m
9 Thrift, Morgan	SO	Mississippi	41.39m
10 Kline, Avery	FR	Montevallo	33.05m
11 Thomas, Keva	JR	Mississippi	32.71m
12 DeLaughter, Briana	JR	Trevecca Naz	27.91m
13 Rader, Brooklyn	FR	Trevecca Naz	24.51m
--- Martin, Cesleigh	FR	Montevallo	FOUL

Women Javelin Throw

GSC Rec: 43.36m M 4/20/2017 Rebekah Voss

Name	Yr	School	Finals
Finals			
1 Garrett, Cooper	FR	Alabama-Hunt	45.39mM
2 Wilkerson, Katie	SO	Montevallo	44.45mM
3 Hayhurst, Elizabeth	SR	Montevallo	40.31m
4 Walker, Rita	JR	West Alabama	37.69m
5 Johnson, Campbell	SR	Trevecca Naz	37.13m
6 Brothers, Katlynn	JR	Montevallo	35.90m
7 Waite, Gracie	SO	Lee (Tenn.)	35.29m
8 Michael, Emma	JR	Montevallo	34.37m
9 Denton, Macey	FR	Montevallo	34.33m
10 Smith, Hailey	SR	Alabama-Hunt	33.80m
11 Rock, Ashlyn	SO	Alabama-Hunt	32.37m
12 Sanders, Caroline	FR	Alabama-Hunt	32.22m
13 McDonough, Megan	FR	Mississippi	32.19m
14 Brinks, Samara	SR	Lee (Tenn.)	31.65m
15 Sansing, Autumn	JR	West Alabama	30.81m
16 Kirby, Skylar	FR	Trevecca Naz	14.15m
17 DeLaughter, Briana	JR	Trevecca Naz	14.02m
--- Simpson, Aubrey	FR	Mississippi	FOUL
--- Ruiz, Jackelin	JR	Christian Br	FOUL

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Heptathlon: #4 Women 200 Meter Dash Heptathlon

GSC Rec: 24.94 M 5/7/2022 Ronnie Vanzandt

Name	Yr	School	Finals	
Finals				
1 Sanders, Caroline	FR	Alabama-Hunt	25.54	838
2 Jones, Brooke	FR	Lee (Tenn.)	25.73	821
3 Magnusdottir, Hekla	FR	Alabama-Hunt	26.00	797
4 Cobb, Ann	SO	Mississippi	26.36	766
5 Brown, Lily	JR	Lee (Tenn.)	26.94	717
6 Rhind, Saskia	FR	Montevallo	27.20	695
7 Harrell, Hallie	SO	Montevallo	27.34	684
8 Hagglund, Asta	FR	Montevallo	28.49	593
9 Willoughby, Nina	SR	Trevecca Naz	28.80	569
10 Johnson, Campbell	SR	Trevecca Naz	29.03	552

Heptathlon: #7 Women 800 Meter Run Heptathlon

GSC Rec: 2:20.85 M 4/29/2021 Kira Bochart

Name	Yr	School	Finals	
Finals				
1 Jones, Brooke	FR	Lee (Tenn.)	2:27.73	722
2 Sanders, Caroline	FR	Alabama-Hunt	2:28.66	710
3 Cobb, Ann	SO	Mississippi	2:30.96	681
4 Rhind, Saskia	FR	Montevallo	2:31.10	679
5 Hagglund, Asta	FR	Montevallo	2:33.54	649
6 Brown, Lily	JR	Lee (Tenn.)	2:37.65	600
7 Willoughby, Nina	SR	Trevecca Naz	2:40.75	564
8 Magnusdottir, Hekla	FR	Alabama-Hunt	2:47.07	494
9 Johnson, Campbell	SR	Trevecca Naz	2:53.78	425
10 Harrell, Hallie	SO	Montevallo	3:05.98	312

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

GSC Rec: 14.27 M 4/19/2018 Hunter Chavarry

Name	Yr	School	Finals	
Finals				
1 Magnusdottir, Hekla	FR	Alabama-Hunt	14.85	862
2 Brown, Lily	JR	Lee (Tenn.)	14.95	848
3 Sanders, Caroline	FR	Alabama-Hunt	15.28	805
4 Rhind, Saskia	FR	Montevallo	15.40	790
5 Harrell, Hallie	SO	Montevallo	15.88	729
6 Johnson, Campbell	SR	Trevecca Naz	16.58	645
7 Jones, Brooke	FR	Lee (Tenn.)	16.58	645
8 Hagglund, Asta	FR	Montevallo	16.64	638
9 Cobb, Ann	SO	Mississippi	17.57	534
10 Willoughby, Nina	SR	Trevecca Naz	18.08	480

Heptathlon: #2 Women High Jump Heptathlon

GSC Rec: 1.65m M 5/2/2024 Liezl Theron

Name	Yr	School	Finals	
Finals				
1 Rhind, Saskia	FR	Montevallo	1.64m	783
2 Magnusdottir, Hekla	FR	Alabama-Hunt	1.58m	712
3 Sanders, Caroline	FR	Alabama-Hunt	1.55m	678
4 Hagglund, Asta	FR	Montevallo	1.52m	644
4 Harrell, Hallie	SO	Montevallo	1.52m	644
6 Jones, Brooke	FR	Lee (Tenn.)	1.49m	610

7 Brown, Lily	JR	Lee (Tenn.)	1.37m	481
7 Johnson, Campbell	SR	Trevecca Naz	1.37m	481
9 Willoughby, Nina	SR	Trevecca Naz	1.34m	449
--- Cobb, Ann	SO	Mississippi		NH

Heptathlon: #5 Women Long Jump Heptathlon

GSC Rec: 5.55m M 5/2/2024 Liezl Theron

Name	Yr	School	Finals	
Finals				
1 Magnusdottir, Hekla	FR	Alabama-Hunt	5.47m	691
2 Sanders, Caroline	FR	Alabama-Hunt	5.15m	601
3 Rhind, Saskia	FR	Montevallo	5.02m	565
4 Jones, Brooke	FR	Lee (Tenn.)	4.98m	554
5 Hagglund, Asta	FR	Montevallo	4.87m	524
6 Cobb, Ann	SO	Mississippi	4.85m	519
6 Brown, Lily	JR	Lee (Tenn.)	4.85m	519
8 Harrell, Hallie	SO	Montevallo	4.84m	516
9 Johnson, Campbell	SR	Trevecca Naz	4.46m	418
10 Willoughby, Nina	SR	Trevecca Naz	3.53m	206

Heptathlon: #3 Women Shot Put Heptathlon

GSC Rec: 11.63m M 5/1/2025 Sydney White

Name	Yr	School	Finals	
Finals				
1 Magnusdottir, Hekla	FR	Alabama-Hunt	11.96m	658
2 Rhind, Saskia	FR	Montevallo	10.98m	594
3 Brown, Lily	JR	Lee (Tenn.)	10.37m	554
4 Johnson, Campbell	SR	Trevecca Naz	10.20m	543
5 Harrell, Hallie	SO	Montevallo	10.18m	541
6 Sanders, Caroline	FR	Alabama-Hunt	8.90m	458
7 Jones, Brooke	FR	Lee (Tenn.)	8.57m	436
8 Hagglund, Asta	FR	Montevallo	8.51m	432
9 Cobb, Ann	SO	Mississippi	7.91m	394
10 Willoughby, Nina	SR	Trevecca Naz	5.68m	251

Heptathlon: #6 Women Javelin Throw Heptathlon

GSC Rec: 37.07m M 4/29/2021 Brooke Long

Name	Yr	School	Finals	
Finals				
1 Johnson, Campbell	SR	Trevecca Naz	34.53m	563
2 Hagglund, Asta	FR	Montevallo	31.67m	508
3 Sanders, Caroline	FR	Alabama-Hunt	29.35m	464
4 Magnusdottir, Hekla	FR	Alabama-Hunt	29.11m	460
5 Rhind, Saskia	FR	Montevallo	26.74m	415
6 Cobb, Ann	SO	Mississippi	26.44m	409
7 Harrell, Hallie	SO	Montevallo	26.41m	409
8 Brown, Lily	JR	Lee (Tenn.)	23.95m	363
9 Jones, Brooke	FR	Lee (Tenn.)	20.93m	306
10 Willoughby, Nina	SR	Trevecca Naz	13.31m	166

Women Heptathlon

GSC Rec: 4900 M 5/2/2024 Liezl Theron

Name	Yr	School	Finals	
Finals				
1 Magnusdottir, Hekla	FR	Alabama-Hunt	4674	
2 Sanders, Caroline	FR	Alabama-Hunt	4554	

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Finals ... (Women Heptathlon)

Name	Yr	School	Finals
3 Rhind, Saskia	FR	Montevallo	4521
4 Jones, Brooke	FR	Lee (Tenn.)	4094
5 Brown, Lily	JR	Lee (Tenn.)	4082
6 Hagglund, Asta	FR	Montevallo	3988
7 Harrell, Hallie	SO	Montevallo	3835
8 Johnson, Campbell	SR	Trevecca Naz	3627
9 Cobb, Ann	SO	Mississippi	3303
10 Willoughby, Nina	SR	Trevecca Naz	2685

Men 100 Meter Dash

GSC Rec:		10.23 M 1978	Mike Green
Name	Yr	School	Prelims
Preliminaries			
1 Fails, Jeremiah	SR	Montevallo	10.69Q-0.1
2 Roberts, Brodie	FR	Mississippi	10.73Q-0.2
3 Giddens, Cooper	SO	Lee (Tenn.)	10.85Q-0.3
4 Beatty, Jamell	FR	Montevallo	10.80Q-0.2
5 Whited, Gage	FR	Lee (Tenn.)	10.88Q-0.3
6 Griffin, Zion	JR	Trevecca Naz	10.89Q-0.1
7 Walker, Lawrence	SR	West Alabama	10.94q -0.3
8 Henderson, Collin	SO	Alabama-Hunt	10.95q -0.2
9 Howard, Chason	SO	Montevallo	10.96q -0.1
10 Williams, Braxton	FR	West Alabama	10.96 -0.2
11 Williams, Rayvious	FR	Mississippi	11.03 -0.3
12 Nash, Nicholas	SO	West Alabama	11.13 -0.2
13 Floyd, Dayton	SR	Trevecca Naz	11.14 -0.1
14 Wall, Calvin	FR	Trevecca Naz	11.15 -0.1
15 Posey, Steven	FR	Montevallo	11.16 -0.2
16 Saddler, Tristan	FR	Alabama-Hunt	11.18 -0.3
17 Helfrich, Shaw	FR	Lee (Tenn.)	11.32 -0.1
18 Sims, Ryan	JR	Christian Br	11.43 -0.2
19 Griffin, Terrial	FR	Christian Br	11.46 -0.1
20 Allen, Grant	JR	Trevecca Naz	11.51 -0.3
21 Sims, Brandon	SO	Alabama-Hunt	11.61 -0.3
22 Hamilton, Logan	FR	Trevecca Naz	11.64 -0.3

Men 100 Meter Dash

GSC Rec:		10.23 M 1978	Mike Green
Name	Yr	School	Finals
Finals			
1 Fails, Jeremiah	SR	Montevallo	10.51 -0.3
2 Whited, Gage	FR	Lee (Tenn.)	10.61 -0.3
3 Roberts, Brodie	FR	Mississippi	10.64 -0.3
4 Walker, Lawrence	SR	West Alabama	10.76 -0.3
5 Giddens, Cooper	SO	Lee (Tenn.)	10.77 -0.3
6 Beatty, Jamell	FR	Montevallo	10.77 -0.3
7 Griffin, Zion	JR	Trevecca Naz	10.78 -0.3
8 Henderson, Collin	SO	Alabama-Hunt	10.95 -0.3
9 Howard, Chason	SO	Montevallo	12.32 -0.3

Men 200 Meter Dash

GSC Rec:		20.84 M 1979	Larry Myricks
Name	Yr	School	Prelims
Preliminaries			
1 Fails, Jeremiah	SR	Montevallo	20.88Q0.4
2 Giddens, Cooper	SO	Lee (Tenn.)	21.39Q0.4
3 Shaw, Aiden	JR	Lee (Tenn.)	21.74Q0.2
4 Whited, Gage	FR	Lee (Tenn.)	21.47Q0.4
5 Walker, Lawrence	SR	West Alabama	21.77Q0.2
6 Cobble, Eli	JR	Lee (Tenn.)	21.79Q0.4
7 Williams, Rayvious	FR	Mississippi	21.83q 0.2
8 Henderson, Collin	SO	Alabama-Hunt	21.88q 0.4
9 Goode, Braedon	FR	Alabama-Hunt	21.88q 0.2
10 Varden, Leighton	FR	Trevecca Naz	21.90 0.2
11 Williams, Braxton	FR	West Alabama	21.92 0.4
12 Young, Jaiden	JR	Alabama-Hunt	21.98 0.4
13 Roberts, Brodie	FR	Mississippi	21.99 0.4
14 Beatty, Jamell	FR	Montevallo	22.05 0.4
15 Griffin, Zion	JR	Trevecca Naz	22.06 0.4
16 Bellamy, Dwight	JR	Montevallo	22.43 0.2
17 Wall, Calvin	FR	Trevecca Naz	22.49 0.4
18 Saddler, Tristan	FR	Alabama-Hunt	22.49 0.4
19 Allen, Grant	JR	Trevecca Naz	22.58 0.2
20 Williams, Hagen	SO	Alabama-Hunt	22.68 0.4
21 Sims, Ryan	JR	Christian Br	23.18 0.4
22 Griffin, Terrial	FR	Christian Br	23.46 0.4
23 Hamilton, Logan	FR	Trevecca Naz	23.51 0.4

Men 200 Meter Dash

GSC Rec:		20.84 M 1979	Larry Myricks
Name	Yr	School	Finals
Finals			
1 Whited, Gage	FR	Lee (Tenn.)	21.08 0.8
2 Fails, Jeremiah	SR	Montevallo	21.13 0.8
3 Giddens, Cooper	SO	Lee (Tenn.)	21.24 0.8
4 Cobble, Eli	JR	Lee (Tenn.)	21.61 0.8
5 Walker, Lawrence	SR	West Alabama	21.83 0.8
6 Goode, Braedon	FR	Alabama-Hunt	21.85 0.8
7 Shaw, Aiden	JR	Lee (Tenn.)	21.98 0.8
8 Williams, Rayvious	FR	Mississippi	22.01 0.8
9 Henderson, Collin	SO	Alabama-Hunt	22.07 0.8

Men 400 Meter Dash

GSC Rec:		46.26 M 5/4/2024	Niklas Klei
Name	Yr	School	Finals
Finals			
1 Young, Jaiden	JR	Alabama-Hunt	47.41
2 Cobble, Eli	JR	Lee (Tenn.)	47.95
3 Cheslock, Drew	SO	Montevallo	48.27
4 Varden, Leighton	FR	Trevecca Naz	48.64
5 Runkle, Liam	FR	Lee (Tenn.)	48.80
6 Zana, Dominic	SR	Alabama-Hunt	48.95
7 Laphand, Landon	SO	West Alabama	48.97
8 Narlo, Jacob	FR	Alabama-Hunt	49.03
9 Goode, Braedon	FR	Alabama-Hunt	49.03

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Finals ... (Men 400 Meter Dash)

Name	Yr	School	Finals
10 Shaw, Aiden	JR	Lee (Tenn.)	49.06
11 Pitts, Tyrese	FR	West Alabama	49.22
12 Abram, Alijah	SO	Alabama-Hunt	49.27
13 Coley, Travis	FR	Lee (Tenn.)	50.35
14 Harris, Michael	SR	West Alabama	50.64
15 Wilkerson, Liam	SO	Mississippi	50.73
16 Sherrill, Patrick	SR	Montevallo	51.13
17 Higgins, Kylon	JR	Christian Br	51.65
18 Bowers, Carvarious	FR	Trevecca Naz	52.48
19 Catalan, Juan	SO	Trevecca Naz	54.72
--- Temko, Isaac	SR	Trevecca Naz	DQ
--- Ewing, Andrew	FR	Trevecca Naz	DNS
--- Daude, Yannick	FR	Christian Br	DNS

Men 800 Meter Run

GSC Rec: 1:50.95 M 5/1/2021 Titus Lagat

Name	Yr	School	Finals
Finals			
1 Hodson, Gabe	SR	Mississippi	1:49.37M
2 Hodson, Samuel	SO	Mississippi	1:50.38M
3 Campbell, Parker	SO	Lee (Tenn.)	1:50.77M
4 Taylor, Adam	SO	Alabama-Hunt	1:50.81M
5 Adkins, William	SO	Lee (Tenn.)	1:51.33
6 Daude, Kilian	JR	Christian Br	1:51.78
7 Chauveau, Pierre	SO	Lee (Tenn.)	1:52.24
8 DeHart, Caleb	FR	Alabama-Hunt	1:53.39
9 Meadows, Matthew	FR	Mississippi	1:53.70
10 Dryer, Dylan	SO	Alabama-Hunt	1:54.09
11 Darden, ShaKenye	JR	West Alabama	1:55.82
12 Anderson, Elliot	FR	Lee (Tenn.)	1:55.90
13 Rostan, Erwan	JR	Christian Br	1:56.00
14 Flanigan, Ben	FR	Lee (Tenn.)	1:56.43
15 Meeeks, Caden	JR	Trevecca Naz	1:56.55
16 Balcer, Christian	SR	Mississippi	1:57.02
17 Guerrero, Sebastion	FR	Alabama-Hunt	1:57.11
18 Patterson, Conner	SR	Alabama-Hunt	1:58.06
19 Allen, Jackson	FR	Montevallo	1:58.90
20 Wrights, Estan	FR	Montevallo	1:59.47
21 Lance, Blake	SO	Trevecca Naz	1:59.63
22 Saunders, Thomas	JR	Christian Br	1:59.81
23 Stidfole, Josh	SR	Montevallo	2:00.28
24 Barou, Etienne	JR	Christian Br	2:00.55
25 Englebort, Ray	JR	West Alabama	2:00.87
26 Wilson, Garrett	JR	Trevecca Naz	2:01.85
27 Arriaga, Joseph	SR	Christian Br	2:03.55
28 Kirkpatrick, Harley	SO	Trevecca Naz	2:04.54
29 White, Joel	JR	Trevecca Naz	2:11.78
--- Evans, Samuel	FR	Mississippi	DNF

Men 1500 Meter Run

GSC Rec: 3:46.69 M 5/7/2022 Christian Noble

Name	Yr	School	Finals
Finals			
1 Chauveau, Pierre	SO	Lee (Tenn.)	3:52.37

2 Clark, Stephen	JR	Lee (Tenn.)	3:53.25
3 Ibrahim, Ahmed	SR	Alabama-Hunt	3:53.48
4 Balcer, Christian	SR	Mississippi	3:54.53
5 Peters, Cannon	SO	Alabama-Hunt	3:56.31
6 Friedman, Baxter	JR	Mississippi	3:57.34
7 Cox, Ryan	JR	Montevallo	3:58.26
8 Fontan, Nathan	JR	Lee (Tenn.)	3:58.32
9 Gaddis, Luke	SR	Lee (Tenn.)	3:58.46
10 Rostan, Erwan	JR	Christian Br	4:00.22
11 Speed, Preston	SR	Mississippi	4:00.60
12 Barou, Etienne	JR	Christian Br	4:00.65
13 McGhee, Winston	SO	Alabama-Hunt	4:03.11
14 Ashley, Aaron	FR	Alabama-Hunt	4:04.60
15 Lovelace, Ryan	JR	Lee (Tenn.)	4:07.03
16 Patterson, Conner	SR	Alabama-Hunt	4:07.54
17 Jaeger, Jack	SO	Trevecca Naz	4:10.17
18 Holcombe, James	JR	Christian Br	4:11.06
19 Kilgore, Andrew	FR	Mississippi	4:11.69
20 Hodson, Benjamin	FR	Mississippi	4:13.45
21 Kirkpatrick, Harley	SO	Trevecca Naz	4:16.45
22 McCollough, William	FR	Christian Br	4:20.82
23 Paliaro, Dominic	FR	Trevecca Naz	4:23.80
24 Selby, McCaden	SO	Trevecca Naz	4:35.00
--- Mata, Gary	SR	West Alabama	DNS
--- Ferguson, Zak	FR	Montevallo	DNS

Men 5000 Meter Run

GSC Rec: 14:13.29 M 5/5/2023 Jan Lukas Becker

Name	Yr	School	Finals
Finals			
1 Chauveau, Pierre	SO	Lee (Tenn.)	14:33.13
2 Ibrahim, Ahmed	SR	Alabama-Hunt	14:34.91
3 Balcer, Christian	SR	Mississippi	14:46.09
4 Ferguson, Zak	FR	Montevallo	14:47.34
5 Methvin, Braedon	SR	Mississippi	14:49.38
6 Ninteretse, Edimo	SR	Lee (Tenn.)	14:53.41
7 Fontan, Nathan	JR	Lee (Tenn.)	14:54.59
8 Robinson, Cole	SO	Alabama-Hunt	14:56.73
9 Ross, Chris	FR	Lee (Tenn.)	14:57.06
10 Pohlsander, Nate	SR	Alabama-Hunt	14:57.93
11 Frank, Dakota	SO	Alabama-Hunt	15:00.42
12 Parmer, Cooper	SR	Mississippi	15:01.17
13 Wright, Tucker	SO	Lee (Tenn.)	15:09.55
14 Singletary, Matthew	JR	Mississippi	15:11.92
15 Brannon, Colin	FR	Mississippi	15:20.50
16 Gill, Daniel	FR	Alabama-Hunt	15:34.66
17 Holcombe, James	JR	Christian Br	15:35.50
18 Pelusi, Lorenzo	FR	West Alabama	15:42.62
19 McCollough, William	FR	Christian Br	15:57.85
20 Hinson, Caleb	SO	Trevecca Naz	16:02.74
21 Selby, McCaden	SO	Trevecca Naz	17:21.83
22 Kosinski, Anthony	SR	Trevecca Naz	17:25.95
--- Mata, Gary	SR	West Alabama	DNF
--- Breton, Mathis	JR	West Alabama	DNS

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Men 10000 Meter Run

GSC Rec: 30:24.00 M 1986 Chris Palmer

Name	Yr	School	Finals
Finals			
1 Wright, Tucker	SO	Lee (Tenn.)	30:44.28
2 Ninteretse, Edimo	SR	Lee (Tenn.)	30:48.67
3 Methvin, Braedon	SR	Mississippi	30:54.95
4 Parmer, Cooper	SR	Mississippi	31:01.39
5 Miller, Tripp	JR	Alabama-Hunt	32:01.50
6 Frey, Jonah	JR	Alabama-Hunt	32:02.94
7 Christopher, Evan	FR	Alabama-Hunt	32:13.98
8 Tournillion, Jake	JR	Alabama-Hunt	32:16.44
9 Moran, Elijah	JR	Lee (Tenn.)	32:26.58
10 Novotny, Joshua	SO	Trevecca Naz	32:41.33
11 Breton, Mathis	JR	West Alabama	32:52.51
12 Bryan, Tristan	FR	Mississippi	32:53.70
13 Chapuran, Luke	FR	Lee (Tenn.)	32:57.53
14 Smith, Carson	JR	Mississippi	32:58.48
15 Griggs, Jackson	JR	Alabama-Hunt	33:30.63
16 Campbell, Conner	FR	Lee (Tenn.)	34:03.38
17 White, Joel	JR	Trevecca Naz	34:19.08
18 Dalton, John	JR	Trevecca Naz	34:54.24
19 Phillips, Jonathan	SR	West Alabama	35:22.15
20 Rook, Charlie	JR	Mississippi	35:41.93

Men 110 Meter Hurdles

GSC Rec: 13.81 M 5/6/2023 Cale Kassen

Name	Yr	School	Prelims
Preliminaries			
1 Jusino-Lansing, Tristan	FR	Mississippi	14.37Q-0.2
2 Egalite, Wes	JR	Alabama-Hunt	14.85Q-0.4
3 Green, Jalen	FR	West Alabama	14.81Q-0.2
4 Iosia, Isaac	JR	Lee (Tenn.)	14.97Q-0.4
5 Reese, Tyrone	JR	Montevallo	14.91Q-0.2
6 McMillan, Jake	FR	Mississippi	14.99Q-0.4
7 Howard, Caden	JR	Alabama-Hunt	15.05q -0.2
8 Trainer, Marquis	SR	Montevallo	15.07q -0.4
9 Helfrich, Shaw	FR	Lee (Tenn.)	15.12q -0.4
10 Kendrick, Jayvian	SO	Montevallo	15.15 -0.4
11 Croft, Kendric	SR	Montevallo	15.31 -0.2
12 Gibson, Cristian	SO	Alabama-Hunt	15.38 -0.4
13 Fulford, Silas	FR	Lee (Tenn.)	15.68 -0.2
14 Hickman, Jadon	JR	Trevecca Naz	16.89 -0.4
--- Black, Ryder	JR	Montevallo	DNS -0.2

Men 110 Meter Hurdles

GSC Rec: 13.81 M 5/6/2023 Cale Kassen

Name	Yr	School	Finals
Finals			
1 Jusino-Lansing, Tristan	FR	Mississippi	14.39 -0.5
2 McMillan, Jake	FR	Mississippi	14.52 -0.5
3 Green, Jalen	FR	West Alabama	14.80 -0.5
4 Trainer, Marquis	SR	Montevallo	15.01 -0.5
5 Reese, Tyrone	JR	Montevallo	15.05 -0.5
6 Iosia, Isaac	JR	Lee (Tenn.)	15.15 -0.5

7 Helfrich, Shaw	FR	Lee (Tenn.)	15.29 -0.5
8 Howard, Caden	JR	Alabama-Hunt	15.49 -0.5
--- Egalite, Wes	JR	Alabama-Hunt	FS -0.5

Men 400 Meter Hurdles Hurdles

GSC Rec: 52.24 M 5/3/2025 Oliver Ollesch

Name	Yr	School	Finals
Finals			
1 Vasquez, Matias	SR	Mississippi	51.92M
2 Rodriguez, Tommy	SR	Alabama-Hunt	53.48
3 Jusino-Lansing, Tristan	FR	Mississippi	53.68
4 Thornton, Kam	FR	Montevallo	54.45
5 Floyd, Dayton	SR	Trevecca Naz	57.01
6 Egalite, Wes	JR	Alabama-Hunt	57.04
7 Reese, Tyrone	JR	Montevallo	57.24
8 Womack, John	SO	Lee (Tenn.)	57.34
9 Trainer, Marquis	SR	Montevallo	57.36
10 Shingleton, Nate	JR	Alabama-Hunt	57.77
11 Hurd, Dorian	SR	Mississippi	58.15
12 Iosia, Isaac	JR	Lee (Tenn.)	59.87
13 DeLorenzo, Andrew	FR	Lee (Tenn.)	1:07.89
--- Hickman, Jadon	JR	Trevecca Naz	DNF
--- Hunt, Hudson	SO	Lee (Tenn.)	DNS

Men 3000 Meter Steeplechase

GSC Rec: 8:53.40 M 4/30/2021 Christian Noble

Name	Yr	School	Finals
Finals			
1 Clark, Stephen	JR	Lee (Tenn.)	8:58.04
2 Campbell, Parker	SO	Lee (Tenn.)	9:04.59
3 Robinson, Cole	SO	Alabama-Hunt	9:10.27
4 Gaddis, Luke	SR	Lee (Tenn.)	9:11.39
5 Singletary, Matthew	JR	Mississippi	9:15.32
6 Friedman, Baxter	JR	Mississippi	9:21.24
7 Jeffords, CJ	FR	Lee (Tenn.)	9:27.06
8 Speed, Preston	SR	Mississippi	9:28.96
9 Boulanger, Kylian	FR	Lee (Tenn.)	9:30.27
10 Collier, Shepp	SO	Alabama-Hunt	9:38.68
11 Whipp, Caleb	FR	Mississippi	9:42.69
12 Jaeger, Jack	SO	Trevecca Naz	10:06.92
13 Hampton, Conner	JR	Alabama-Hunt	10:10.12
14 Castleman, Tate	FR	Mississippi	10:17.74

Men 4x100 Meter Relay

GSC Rec: 39.80 M 5/4/2024 Alabama-Huntsville

W McClain, M Gizzi, T Rodriguez, K Campbell

Team	Relay	Finals
Finals		
1 Montevallo	A	40.65
2 Mississippi College	A	40.85
3 Alabama-Huntsville	A	40.94
4 Lee (Tenn.)	A	41.17
5 West Alabama	A	41.21
6 Christian Bros.	A	47.48
--- Trevecca Nazarene	A	DQ

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Men 4x400 Meter Relay

GSC Rec: 3:10.16 M 5/4/2024 Mississippi College

N Klei, C Stewart, G Hodson, G Foster

Team	Relay	Finals
Finals		
1 Mississippi College	A	3:11.51
2 Alabama-Huntsville	A	3:12.60
3 West Alabama	A	3:17.68
4 Montevallo	A	3:18.33
5 Lee (Tenn.)	A	3:20.32
6 Trevecca Nazarene	A	3:22.10
7 Christian Bros.	A	3:27.75

Men High Jump

GSC Rec: 2.13m M 1981 S. Andrews

Name	Yr	School	Finals
Finals			
1 Turner, Malik	JR	Alabama-Hunt	2.07m
2 Cooper, Griffin	FR	Alabama-Hunt	2.01m
3 Fabulas, Lenny	SR	Lee (Tenn.)	1.98m
4 Perkins, Corey	JR	Montevallo	1.95m
5 Foye, Eran	SR	Montevallo	1.90m
6 Major, Miles	FR	Alabama-Hunt	1.90m
6 Pesarchick, Jack	FR	Montevallo	1.90m
8 Harmon, Jordon	FR	Montevallo	1.90m
9 McMillan, Jake	FR	Mississippi	1.90m
10 Salters, Jacob	SO	Lee (Tenn.)	1.90m
11 Vann, Caleb	SR	West Alabama	1.85m
12 Lovelace, Jaxson	SO	West Alabama	1.85m
13 Mortensen, Brennen	FR	Trevecca Naz	1.80m
14 Black, Ryder	JR	Montevallo	1.75m
15 Hendrix-Collins, Braylen	FR	Trevecca Naz	1.70m

Men Pole Vault

GSC Rec: 5.01m M 5/7/2022 Garrison Hill

Name	Yr	School	Finals
Finals			
1 Helfrich, Shaw	FR	Lee (Tenn.)	4.80m
2 Rouse, Ben	FR	Alabama-Hunt	4.70m
3 Abara, Alonzo	FR	Montevallo	4.50m
4 Abney, Austin	SO	Montevallo	4.40m
5 Irvine, Wyatt	FR	Lee (Tenn.)	4.40m
6 Johns, Kian	SO	Alabama-Hunt	4.40m
7 Belcher, Ethan	SO	Mississippi	4.25m
8 Weldon, Rider	FR	Alabama-Hunt	4.10m
9 Morgan, Tyson	JR	Alabama-Hunt	4.10m
10 Fix, Ben	FR	Alabama-Hunt	4.10m
11 Atkinson, Jacob	SO	Lee (Tenn.)	3.95m
--- Fulford, Silas	FR	Lee (Tenn.)	NH

Men Long Jump

GSC Rec: 7.98m M 1979 Larry Myricks

Name	Yr	School	Finals
Finals			
1 Turner, Malik	JR	Alabama-Hunt	7.28m 0.1

2 Fails, Jeremiah	SR	Montevallo	7.15m +0.0
3 Perkins, Corey	JR	Montevallo	7.09m 0.1
4 Chambers, Schyler	FR	Mississippi	6.82m +0.0
5 Abney, Austin	SO	Montevallo	6.77m +0.0
6 Egalite, Wes	JR	Alabama-Hunt	6.72m +0.0
7 Helfrich, Shaw	FR	Lee (Tenn.)	6.62m 0.1
8 Trainer, Marquis	SR	Montevallo	6.59m +0.0
9 Lovelace, Jaxson	SO	West Alabama	6.53m 0.3
10 Salters, Jacob	SO	Lee (Tenn.)	6.39m 0.2
11 Floyd, Dayton	SR	Trevecca Naz	6.26m +0.0
12 Rouse, Ben	FR	Alabama-Hunt	6.22m 0.1
13 Hunt, Hudson	SO	Lee (Tenn.)	6.22m 0.9
14 Doolittle, Timothy	SO	Lee (Tenn.)	6.14m +0.0
15 Vann, Caleb	SR	West Alabama	6.13m +0.0
16 Sims, Brandon	SO	Alabama-Hunt	6.04m 0.7
--- Malone, Alex	SR	Montevallo	DNS NWI

Men Triple Jump

GSC Rec: 15.53m M 4/20/2018 Alex May

Name	Yr	School	Finals
Finals			
1 Williams III, Julius	SO	Alabama-Hunt	15.19m 1.0
2 Turner, Malik	JR	Alabama-Hunt	14.40m 0.8
3 Harmon, Jordon	FR	Montevallo	14.26m 1.3
4 Salters, Jacob	SO	Lee (Tenn.)	13.76m 1.5
5 Fabulas, Lenny	SR	Lee (Tenn.)	13.73m 1.3
6 Archie, DeAndre	SR	Montevallo	13.68m 0.9
7 Trainer, Marquis	SR	Montevallo	13.59m 2.2
8 Cheslock, Drew	SO	Montevallo	13.35m 1.6
9 Baker, Aidan	SR	Montevallo	13.13m 2.9
10 Gibson, Cristian	SO	Alabama-Hunt	12.95m +0.0
11 Vann, Caleb	SR	West Alabama	12.52m 2.2
--- Major, Miles	FR	Alabama-Hunt	FOUL
--- Chambers, Schyler	FR	Mississippi	FOUL

Men Shot Put

GSC Rec: 18.75m M 5/6/2022 Zach Hancock

Name	Yr	School	Finals
Finals			
1 Hicks, Dedric	SR	West Alabama	16.05m
2 Johnson, Christopher	SR	Montevallo	15.64m
3 Puckett, Bryan	JR	Mississippi	15.48m
4 Ngezimani, Rodney	JR	Lee (Tenn.)	15.39m
5 McDonald, Rhett	SO	Alabama-Hunt	14.98m
6 Trill, Ian	JR	Lee (Tenn.)	14.92m
7 Beverly, Jordyn	SO	Alabama-Hunt	14.78m
8 Myl, Cooper	FR	Montevallo	14.64m
9 Peterson, Avery	FR	West Alabama	14.31m
10 Fox, Ethan	FR	Montevallo	14.12m
11 Dabney, Joshua	SO	Christian Br	13.51m
12 Myren, Spencer	FR	Lee (Tenn.)	13.43m
13 Conrad, Steven	SR	Mississippi	13.24m
14 Keesee, Jacob	JR	Mississippi	12.46m
15 Tate, Carrington	JR	Lee (Tenn.)	12.41m
16 Pierce, Noah	FR	Alabama-Hunt	12.41m
17 Tyler, Brett	FR	Mississippi	12.02m

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Results

Finals ... (Men Shot Put)

Name	Yr	School	Finals
18 Miller, James	SR	Mississippi	11.74m
--- Newell, Caleb	SR	Montevallo	FOUL
--- Bennett, Preston	SR	Montevallo	FOUL

Men Discus Throw

GSC Rec: 56.25m M 4/29/2021 Zach Hancock

Name	Yr	School	Finals
Finals			
1 Johnson, Christopher	SR	Montevallo	55.37m
2 Ngezimani, Rodney	JR	Lee (Tenn.)	49.87m
3 Beverly, Jordyn	SO	Alabama-Hunt	48.64m
4 Fox, Ethan	FR	Montevallo	47.76m
5 Keesee, Jacob	JR	Mississippi	44.58m
6 Myl, Cooper	FR	Montevallo	44.52m
7 Bennett, Preston	SR	Montevallo	44.31m
8 Conrad, Steven	SR	Mississippi	44.16m
9 Willette, Bradley	FR	Montevallo	43.60m
10 McDonald, Rhett	SO	Alabama-Hunt	42.96m
11 Pierce, Noah	FR	Alabama-Hunt	42.75m
12 Mason, Landon	SO	Trevecca Naz	41.08m
13 Tyler, Brett	FR	Mississippi	40.32m
14 Floyd, Hayden	SR	Alabama-Hunt	39.26m
15 Nelson, Shawn	SO	Alabama-Hunt	39.21m
16 Peterson, Avery	FR	West Alabama	39.05m
17 Dabney, Joshua	SO	Christian Br	38.19m
18 Nicholson, Elijah	JR	Trevecca Naz	34.49m

Men Hammer Throw

GSC Rec: 56.45m M 5/5/2022 Zach Hancock

Name	Yr	School	Finals
Finals			
1 Keesee, Jacob	JR	Mississippi	57.60mM
2 Miller, James	SR	Mississippi	54.11m
3 Johnson, Christopher	SR	Montevallo	52.98m
4 Tate, Carrington	JR	Lee (Tenn.)	51.88m
5 McDonald, Rhett	SO	Alabama-Hunt	51.13m
6 Ngezimani, Rodney	JR	Lee (Tenn.)	49.89m
7 Puckett, Bryan	JR	Mississippi	48.61m
8 Conrad, Steven	SR	Mississippi	47.74m
9 Floyd, Hayden	SR	Alabama-Hunt	47.02m
10 Pierce, Noah	FR	Alabama-Hunt	46.73m
11 Trill, Ian	JR	Lee (Tenn.)	46.54m
12 Mason, Landon	SO	Trevecca Naz	45.16m
13 Newell, Caleb	SR	Montevallo	44.39m
14 Fox, Ethan	FR	Montevallo	44.30m
15 Bennett, Preston	SR	Montevallo	44.02m
16 Nelson, Shawn	SO	Alabama-Hunt	42.93m
17 Dabney, Joshua	SO	Christian Br	42.52m
18 Pugh, Wyatt	SO	Montevallo	41.06m
19 Tyler, Brett	FR	Mississippi	37.72m
20 Peterson, Avery	FR	West Alabama	37.33m

Men Javelin Throw

GSC Rec: 73.24m M 1984 Milton Westry

Name	Yr	School	Finals
Finals			
1 Coleman, Matthew	JR	Mississippi	61.62m
2 Weeks, Zane	JR	Montevallo	59.64m
3 Griffin, Will	SO	Alabama-Hunt	56.49m
4 Bogle, Kodie	FR	Alabama-Hunt	55.29m
5 Robertson, Sage	JR	Alabama-Hunt	54.26m
6 Lovelace, Jaxson	SO	West Alabama	53.46m
7 Simmons, Hayden	FR	Mississippi	53.45m
8 Sumlin, Justin	FR	Montevallo	49.64m
9 Jordan, Sammie	FR	West Alabama	45.89m
10 Mortensen, Brennen	FR	Trevecca Naz	44.69m
11 Floyd, Dayton	SR	Trevecca Naz	43.07m
12 Nelson, Shawn	SO	Alabama-Hunt	43.01m
13 Nicholson, Elijah	JR	Trevecca Naz	42.73m
14 Foye, Eran	SR	Montevallo	42.62m
15 Doolittle, Timothy	SO	Lee (Tenn.)	35.44m
--- Toone, Josiah	JR	Montevallo	FOUL

Decathlon: #1 Men 100 Meter Dash Decathlon

GSC Rec: 10.81 M 5/2/2024 Walter Womack

Name	Yr	School	Finals
Finals			
1 McMillan, Jake	FR	Mississippi	10.98 865
2 Mireles, Adolfo	JR	Alabama-Hunt	11.05 850
3 Ross, Garrett	FR	Mississippi	11.26 804
4 Fulford, Silas	FR	Lee (Tenn.)	11.34 786
5 Robertson, Sage	JR	Alabama-Hunt	11.45 763
6 Doolittle, Timothy	SO	Lee (Tenn.)	11.66 719
7 Janes, Nathan	FR	Alabama-Hunt	11.79 693
8 Hopf, Zane	JR	Alabama-Hunt	11.80 691

Decathlon: #5 Men 400 Meter Dash Decathlon

GSC Rec: 49.63 M 5/5/2022 Stacen Cunningham

Name	Yr	School	Finals
Finals			
1 Mireles, Adolfo	JR	Alabama-Hunt	50.04 813
2 Ross, Garrett	FR	Mississippi	50.12 809
3 McMillan, Jake	FR	Mississippi	50.17 807
4 Janes, Nathan	FR	Alabama-Hunt	52.41 707
5 Fulford, Silas	FR	Lee (Tenn.)	53.41 664
6 Hopf, Zane	JR	Alabama-Hunt	54.23 630
7 Doolittle, Timothy	SO	Lee (Tenn.)	54.41 623
8 Robertson, Sage	JR	Alabama-Hunt	56.25 550

Decathlon: #10 Men 1500 Meter Run Decathlon

GSC Rec: 4:30.59 M 5/2/2024 Matthew Brunner

Name	Yr	School	Finals
Finals			
1 Janes, Nathan	FR	Alabama-Hunt	4:27.81M 759
2 Mireles, Adolfo	JR	Alabama-Hunt	4:32.95 725
3 Ross, Garrett	FR	Mississippi	4:34.20 717
4 McMillan, Jake	FR	Mississippi	4:52.27 605

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Results

Finals ... (Decathlon: #10 Men 1500 Meter Run Decathlon)

Name	Yr	School	Finals
5 Doolittle, Timothy	SO	Lee (Tenn.)	5:19.30 454
6 Robertson, Sage	JR	Alabama-Hunt	5:30.36 398
7 Fulford, Silas	FR	Lee (Tenn.)	5:30.38 397
8 Hopf, Zane	JR	Alabama-Hunt	5:37.49 363

Decathlon: #6 Men 110 Meter Hurdles Decathlon

GSC Rec: 15.07 M 4/20/2017 Luke Govero

Name	Yr	School	Finals
Finals			
1 McMillan, Jake	FR	Mississippi	14.62M 896
2 Fulford, Silas	FR	Lee (Tenn.)	15.27 817
3 Mireles, Adolfo	JR	Alabama-Hunt	15.28 816
4 Ross, Garrett	FR	Mississippi	15.29 815
5 Doolittle, Timothy	SO	Lee (Tenn.)	18.12 513
6 Janes, Nathan	FR	Alabama-Hunt	18.34 492
7 Robertson, Sage	JR	Alabama-Hunt	23.96 104
--- Hopf, Zane	JR	Alabama-Hunt	DQ 0.7

Decathlon: #4 Men High Jump Decathlon

GSC Rec: 2.05m M 4/20/2017 Devin Jones

Name	Yr	School	Finals
Finals			
1 McMillan, Jake	FR	Mississippi	2.01m 813
2 Ross, Garrett	FR	Mississippi	1.80m 627
3 Robertson, Sage	JR	Alabama-Hunt	1.77m 602
3 Hopf, Zane	JR	Alabama-Hunt	1.77m 602
5 Fulford, Silas	FR	Lee (Tenn.)	1.65m 504
6 Mireles, Adolfo	JR	Alabama-Hunt	1.62m 480
6 Doolittle, Timothy	SO	Lee (Tenn.)	1.62m 480
8 Janes, Nathan	FR	Alabama-Hunt	1.53m 411

Decathlon: #8 Men Pole Vault Decathlon

GSC Rec: 4.60m M 5/2/2024 Eli Brooks

Name	Yr	School	Finals
Finals			
1 Mireles, Adolfo	JR	Alabama-Hunt	4.25m 688
1 McMillan, Jake	FR	Mississippi	4.25m 688
3 Fulford, Silas	FR	Lee (Tenn.)	4.15m 659
4 Ross, Garrett	FR	Mississippi	3.75m 549
4 Janes, Nathan	FR	Alabama-Hunt	3.75m 549
6 Hopf, Zane	JR	Alabama-Hunt	3.55m 496
7 Robertson, Sage	JR	Alabama-Hunt	2.85m 321
8 Doolittle, Timothy	SO	Lee (Tenn.)	2.65m 275

Decathlon: #2 Men Long Jump Decathlon

GSC Rec: 7.03m M 5/3/2022 Nate Boleware

Name	Yr	School	Finals
Finals			
1 McMillan, Jake	FR	Mississippi	6.91m 792
2 Ross, Garrett	FR	Mississippi	6.44m 684
3 Fulford, Silas	FR	Lee (Tenn.)	6.27m 646
4 Doolittle, Timothy	SO	Lee (Tenn.)	6.24m 639
5 Mireles, Adolfo	JR	Alabama-Hunt	6.12m 613
6 Robertson, Sage	JR	Alabama-Hunt	5.87m 559

7 Hopf, Zane	JR	Alabama-Hunt	5.62m 506
8 Janes, Nathan	FR	Alabama-Hunt	5.48m 477

Decathlon: #3 Men Shot Put Decathlon

GSC Rec: 12.28m M 4/20/2017 Devin Jones

Name	Yr	School	Finals
Finals			
1 Mireles, Adolfo	JR	Alabama-Hunt	11.93m 602
2 Hopf, Zane	JR	Alabama-Hunt	11.25m 561
3 Robertson, Sage	JR	Alabama-Hunt	10.89m 539
4 Fulford, Silas	FR	Lee (Tenn.)	10.33m 505
5 McMillan, Jake	FR	Mississippi	10.25m 501
6 Ross, Garrett	FR	Mississippi	9.78m 472
7 Doolittle, Timothy	SO	Lee (Tenn.)	9.56m 459
8 Janes, Nathan	FR	Alabama-Hunt	8.69m 407

Decathlon: #7 Men Discus Throw Decathlon

GSC Rec: 40.51m M 4/20/2017 Luke Govero

Name	Yr	School	Finals
Finals			
1 McMillan, Jake	FR	Mississippi	31.90m 502
2 Janes, Nathan	FR	Alabama-Hunt	31.38m 492
3 Ross, Garrett	FR	Mississippi	31.18m 488
4 Mireles, Adolfo	JR	Alabama-Hunt	29.72m 459
5 Hopf, Zane	JR	Alabama-Hunt	29.25m 450
6 Fulford, Silas	FR	Lee (Tenn.)	27.78m 421
7 Robertson, Sage	JR	Alabama-Hunt	27.38m 413
8 Doolittle, Timothy	SO	Lee (Tenn.)	22.72m 323

Decathlon: #9 Men Javelin Throw Decathlon

GSC Rec: 56.80m M 4/29/2021 Caleb Long

Name	Yr	School	Finals
Finals			
1 Ross, Garrett	FR	Mississippi	46.85m 542
2 Robertson, Sage	JR	Alabama-Hunt	46.73m 540
3 McMillan, Jake	FR	Mississippi	44.29m 505
4 Doolittle, Timothy	SO	Lee (Tenn.)	41.67m 466
5 Hopf, Zane	JR	Alabama-Hunt	41.29m 461
6 Mireles, Adolfo	JR	Alabama-Hunt	39.53m 435
7 Janes, Nathan	FR	Alabama-Hunt	34.67m 365
8 Fulford, Silas	FR	Lee (Tenn.)	28.41m 277

Men Decathlon

GSC Rec: 6859 M 4/20/2017 Luke Govero

Name	Yr	School	Finals
Finals			
1 McMillan, Jake	FR	Mississippi	6974M
2 Ross, Garrett	FR	Mississippi	6507
3 Mireles, Adolfo	JR	Alabama-Hunt	6481
4 Fulford, Silas	FR	Lee (Tenn.)	5676
5 Janes, Nathan	FR	Alabama-Hunt	5352
6 Doolittle, Timothy	SO	Lee (Tenn.)	4951
7 Robertson, Sage	JR	Alabama-Hunt	4789
8 Hopf, Zane	JR	Alabama-Hunt	4760

TEAM SCORES

MEN:

PL	Team	PTS
1	Lee (Tenn.)	214
2	Alabama-Huntsville	192.5
3	Mississippi College	183
4	Montevallo	163.5
5	West Alabama	40
6	Trevecca Nazarene	14
7	Christian Bros.	8

WOMEN:

PL	Team	PTS
1	Lee (Tenn.)	257.5
2	Alabama-Huntsville	206.5
3	Mississippi College	178
4	Montevallo	84
5	West Alabama	61
6	Trevecca Nazarene	15
7	Christian Bros.	14